

Hospice Emergency Reference Information

Emergency Reference Card for Individuals with Medical Needs Living at Home & Their Caregivers					
Name:		DOB:		Blood Type:	
Street Address:		City:		State:	Zip Code:
Personal medical information that emergency responders need to know:					
Allergies I have:					
Medications I take:					
Prescription Name:		Dosage: (for example, 50 mg.)		Frequency: (for example, twice per day)	
Vaccination Type:		Dose/Units:		Date Given (month/year)	
Special needs (e.g. eye glasses, hearing aids, mobility assistive devices, language interpretation needs, etc.)					
Emergency Phone Numbers (if not 911)					
	Phone #	Emerg. Contacts	Name	Phone #	
Ambulance		Doctor			
Fire		Doctor			
Police		Doctor			
County Health		Clinic / Facility			
Emergency Mgmt.		Pharmacist			
Local Red Cross		Dentist			
Local Shelters		Veterinarian			
Family and Friends – Emergency Contacts					
Family Member		Home: Work : Cell:	Friend/Neighbor		Home: Work : Cell:
Family Member		Home: Work : Cell:	Friend/Neighbor		Home: Work : Cell:
Family Member		Home: Work : Cell:	Friend/Neighbor		Home: Work : Cell:
Family Member		Home: Work : Cell:	Friend/Neighbor		Home: Work : Cell:

Hospice Patient's Basic Emergency Supply Kit Checklist

from the Federal Emergency Management Agency [FEMA]

- Water, one gallon per person per day for at least three days for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local maps
- Prescription medications
- Medical supplies (i.e. dressing supplies)
- Assistive devices or medical equipment (i.e. oxygen, cane)
- Eye glasses

Additional Items to Consider Adding to Kit

- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change
- Emergency reference material such as first aid book or information from www.ready.gov
- Sleeping bag or warm blanket for each person.
- Household chlorine bleach and medicine dropper – *Dilute nine parts water to one part bleach for disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.*
- Fire extinguisher
- Matches in a waterproof container
- Feminine hygiene supplies and personal hygiene items
- Mess kits, paper cups, plates, plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children
- Infant formula and diapers
- Pet food and extra water for your pet

These emergency supply kit lists are recommended by Federal Emergency Management Agency (FEMA). FEMA recommends three things to do in an emergency / disaster situation:

- 1.** Get an emergency supply kit ready
- 2.** Make a family emergency plan
- 3.** Be informed about the different types of emergencies that could occur and appropriate responses to them.